

IN THE DRAWINGS:

Attached please find a copy of drawing sheet 2 with red ink markings showing the proposed changes to be made to Figure 3, for which the approval of the Examiner is respectfully requested.

IN THE SPECIFICATION:

Please delete the section captioned "ABSTRACT OF THE DISCLOSURE" and replace such deleted section with the following replacement section:

--An improved shoe, promoting a heel-to-toe motion of a foot, comprising an outsole and an upper part. The outsole has a contraction extending to a first area where a back of the foot is located. The upper part has a heel guide, including one of a heelplate and a flexible heel brace, which are arranged in a second area where the heel of the foot is located, such that an Achilles tendon of the foot is free.--

IN THE CLAIMS:

Please renumber claims 12-27 to 11-26, amend claim 11, and cancel claims 14 (previously 15), 16 (previously 17) and 23 (previously 24) without prejudice, as follows:

11. (Amended) A shoe for promoting a heel-to-toe motion of a foot, the shoe comprising:

an outsole;

an upper part;

wherein the outsole has a contraction, the contraction extending to a first area where a back of the foot is located;

wherein a heel guide for a heel of the foot is provided in the upper part, the heel guide having one of a heelplate and a flexible heel brace;

wherein the one of the heelplate and the flexible heel brace are arranged in a second area where the heel of the foot is located;

wherein the one of the heelplate and the flexible heel brace are such that an Achilles tendon of the foot is free.

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12. (Amended) The shoe according to claim 11,
wherein the contraction in the outsole is in a third area between where a forefoot of
the foot is located and where the back of the foot is located;

13. (Amended) The shoe according to claim 11,
wherein, the outsole has a connecting area adjacent to the contraction.

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15. (Amended) The shoe according to claim 11,
wherein, in a fourth area where a forefoot is located, the outsole has a profiling, the
profiling providing for a great flexibility of the outsole with regard to the heel-to-toe motion of the
foot.

17. (Amended) The shoe according to claim 15,
wherein the profiling has one of parallel grooves and ray-shaped grooves, the one
of the parallel grooves and the ray-shaped grooves extending at least partially over a width of the
shoe.

18. (Amended) The shoe according to claim 17,
wherein the one of the parallel grooves and the ray-shaped grooves extend over the
entire width of the shoe.

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19. (Amended) The shoe according to claim 15,
wherein the profiling is made up of at least two materials having different elasticities.

20. (Amended) The shoe according to claim 11,
wherein the contraction of the outsole is arranged on an inner side of the shoe.

21. (Amended) The shoe according to claim 11,
wherein the contraction of the outsole is arranged on an outer side of the shoe.

22. (Amended) The shoe according to claim 20,